

Course Rating 74.4

Women's Blue (from 22 Apr 2026)

Par 72

Slope 127

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.5	+3	28.4 to 29.2	33
+4.4 to +3.6	+2	29.3 to 30.1	34
+3.5 to +2.7	+1	30.2 to 31.1	35
+2.6 to +1.7	0	31.2 to 32.0	36
+1.6 to +0.8	1	32.1 to 32.9	37
+0.7 to 0.2	2	33.0 to 33.9	38
0.3 to 1.1	3	34.0 to 34.8	39
1.2 to 2.0	4	34.9 to 35.7	40
2.1 to 3.0	5	35.8 to 36.7	41
3.1 to 3.9	6	36.8 to 37.6	42
4.0 to 4.8	7	37.7 to 38.6	43
4.9 to 5.8	8	38.7 to 39.5	44
5.9 to 6.7	9	39.6 to 40.4	45
6.8 to 7.6	10	40.5 to 41.4	46
7.7 to 8.6	11	41.5 to 42.3	47
8.7 to 9.5	12	42.4 to 43.2	48
9.6 to 10.5	13	43.3 to 44.2	49
10.6 to 11.4	14	44.3 to 45.1	50
11.5 to 12.3	15	45.2 to 46.0	51
12.4 to 13.3	16	46.1 to 47.0	52
13.4 to 14.2	17	47.1 to 47.9	53
14.3 to 15.1	18	48.0 to 48.9	54
15.2 to 16.1	19	49.0 to 49.8	55
16.2 to 17.0	20	49.9 to 50.7	56
17.1 to 18.0	21	50.8 to 51.7	57
18.1 to 18.9	22	51.8 to 52.6	58
19.0 to 19.8	23	52.7 to 53.5	59
19.9 to 20.8	24	53.6 to 54.0	60
20.9 to 21.7	25		
21.8 to 22.6	26		
22.7 to 23.6	27		
23.7 to 24.5	28		
24.6 to 25.4	29		
25.5 to 26.4	30		
26.5 to 27.3	31		
27.4 to 28.3	32		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 95% handicap allowance.

Course Rating 70.8

Women's Red (from 22 Apr 2026)

Par 72

Slope 122

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.3	+6	28.0 to 28.8	28
+4.2 to +3.3	+5	28.9 to 29.8	29
+3.2 to +2.4	+4	29.9 to 30.8	30
+2.3 to +1.4	+3	30.9 to 31.8	31
+1.3 to +0.4	+2	31.9 to 32.7	32
+0.3 to 0.6	+1	32.8 to 33.7	33
0.7 to 1.5	0	33.8 to 34.7	34
1.6 to 2.5	1	34.8 to 35.7	35
2.6 to 3.5	2	35.8 to 36.6	36
3.6 to 4.5	3	36.7 to 37.6	37
4.6 to 5.4	4	37.7 to 38.6	38
5.5 to 6.4	5	38.7 to 39.6	39
6.5 to 7.4	6	39.7 to 40.5	40
7.5 to 8.4	7	40.6 to 41.5	41
8.5 to 9.3	8	41.6 to 42.5	42
9.4 to 10.3	9	42.6 to 43.5	43
10.4 to 11.3	10	43.6 to 44.4	44
11.4 to 12.3	11	44.5 to 45.4	45
12.4 to 13.2	12	45.5 to 46.4	46
13.3 to 14.2	13	46.5 to 47.4	47
14.3 to 15.2	14	47.5 to 48.3	48
15.3 to 16.2	15	48.4 to 49.3	49
16.3 to 17.1	16	49.4 to 50.3	50
17.2 to 18.1	17	50.4 to 51.3	51
18.2 to 19.1	18	51.4 to 52.2	52
19.2 to 20.1	19	52.3 to 53.2	53
20.2 to 21.0	20	53.3 to 54.0	54
21.1 to 22.0	21		
22.1 to 23.0	22		
23.1 to 24.0	23		
24.1 to 24.9	24		
25.0 to 25.9	25		
26.0 to 26.9	26		
27.0 to 27.9	27		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 95% handicap allowance.