

Course Rating 74.4

Women's Blue (from 22 Apr 2026)

Par 72

Slope 127

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.4	+3	28.6 to 29.4	35
+4.3 to +3.5	+2	29.5 to 30.3	36
+3.4 to +2.6	+1	30.4 to 31.2	37
+2.5 to +1.7	0	31.3 to 32.1	38
+1.6 to +0.9	1	32.2 to 33.0	39
+0.8 to 0.0	2	33.1 to 33.8	40
0.1 to 0.9	3	33.9 to 34.7	41
1.0 to 1.8	4	34.8 to 35.6	42
1.9 to 2.7	5	35.7 to 36.5	43
2.8 to 3.6	6	36.6 to 37.4	44
3.7 to 4.5	7	37.5 to 38.3	45
4.6 to 5.4	8	38.4 to 39.2	46
5.5 to 6.3	9	39.3 to 40.1	47
6.4 to 7.2	10	40.2 to 41.0	48
7.3 to 8.0	11	41.1 to 41.9	49
8.1 to 8.9	12	42.0 to 42.7	50
9.0 to 9.8	13	42.8 to 43.6	51
9.9 to 10.7	14	43.7 to 44.5	52
10.8 to 11.6	15	44.6 to 45.4	53
11.7 to 12.5	16	45.5 to 46.3	54
12.6 to 13.4	17	46.4 to 47.2	55
13.5 to 14.3	18	47.3 to 48.1	56
14.4 to 15.2	19	48.2 to 49.0	57
15.3 to 16.1	20	49.1 to 49.9	58
16.2 to 16.9	21	50.0 to 50.8	59
17.0 to 17.8	22	50.9 to 51.6	60
17.9 to 18.7	23	51.7 to 52.5	61
18.8 to 19.6	24	52.6 to 53.4	62
19.7 to 20.5	25	53.5 to 54.0	63
20.6 to 21.4	26		
21.5 to 22.3	27		
22.4 to 23.2	28		
23.3 to 24.1	29		
24.2 to 25.0	30		
25.1 to 25.8	31		
25.9 to 26.7	32		
26.8 to 27.6	33		
27.7 to 28.5	34		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 100% handicap allowance.

Course Rating 70.8

Women's Red (from 22 Apr 2026)

Par 72

Slope 122

Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +5.0	+7	28.5 to 29.3	30
+4.9 to +4.0	+6	29.4 to 30.2	31
+3.9 to +3.1	+5	30.3 to 31.2	32
+3.0 to +2.2	+4	31.3 to 32.1	33
+2.1 to +1.3	+3	32.2 to 33.0	34
+1.2 to +0.3	+2	33.1 to 33.9	35
+0.2 to 0.6	+1	34.0 to 34.9	36
0.7 to 1.5	0	35.0 to 35.8	37
1.6 to 2.5	1	35.9 to 36.7	38
2.6 to 3.4	2	36.8 to 37.6	39
3.5 to 4.3	3	37.7 to 38.6	40
4.4 to 5.2	4	38.7 to 39.5	41
5.3 to 6.2	5	39.6 to 40.4	42
6.3 to 7.1	6	40.5 to 41.4	43
7.2 to 8.0	7	41.5 to 42.3	44
8.1 to 8.9	8	42.4 to 43.2	45
9.0 to 9.9	9	43.3 to 44.1	46
10.0 to 10.8	10	44.2 to 45.1	47
10.9 to 11.7	11	45.2 to 46.0	48
11.8 to 12.6	12	46.1 to 46.9	49
12.7 to 13.6	13	47.0 to 47.8	50
13.7 to 14.5	14	47.9 to 48.8	51
14.6 to 15.4	15	48.9 to 49.7	52
15.5 to 16.3	16	49.8 to 50.6	53
16.4 to 17.3	17	50.7 to 51.5	54
17.4 to 18.2	18	51.6 to 52.5	55
18.3 to 19.1	19	52.6 to 53.4	56
19.2 to 20.0	20	53.5 to 54.0	57
20.1 to 21.0	21		
21.1 to 21.9	22		
22.0 to 22.8	23		
22.9 to 23.8	24		
23.9 to 24.7	25		
24.8 to 25.6	26		
25.7 to 26.5	27		
26.6 to 27.5	28		
27.6 to 28.4	29		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Playing Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap™ have been calculated using a 100% handicap allowance.